

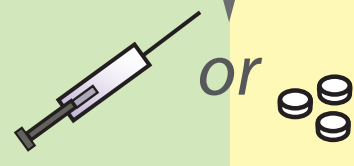
# Helping Mothers Survive

## Bleeding after Birth

### ACTION PLAN

Prepare for birth

Birth (See HBB Action Plan for baby)

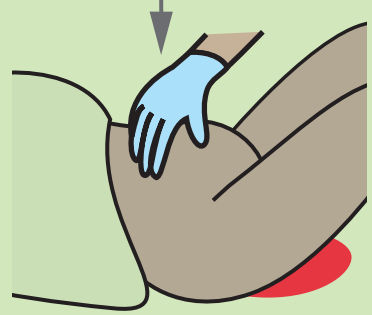


Give medication to expel placenta

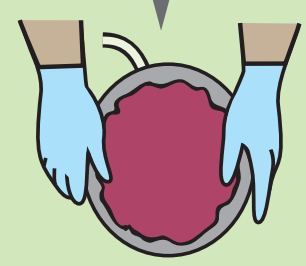


Perform controlled cord traction to deliver placenta

Placenta out? ————> Not out

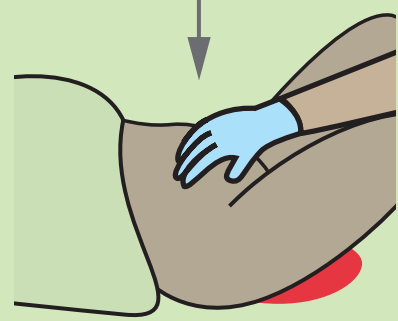


Check tone  
Massage if soft



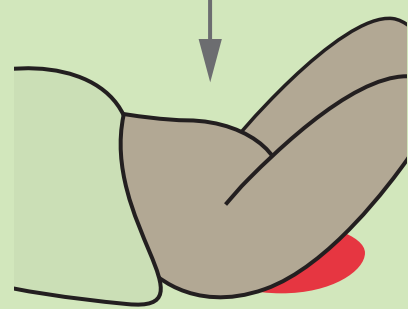
Placenta complete?

Complete



Uterus hard?

Hard



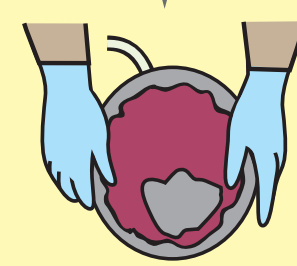
Bleeding normal?

Normal



Continue care:  
Check tone  
Monitor bleeding  
Check vital signs  
Encourage breastfeeding

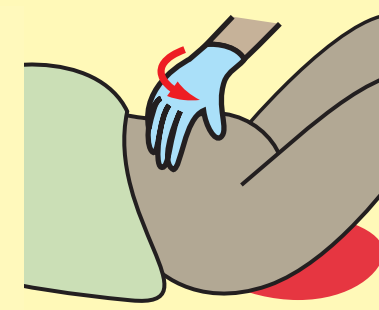
Repeat  
controlled cord traction



Incomplete

Advanced care

Not out  
Give 10 units  
oxytocin



Soft  
Massage uterus

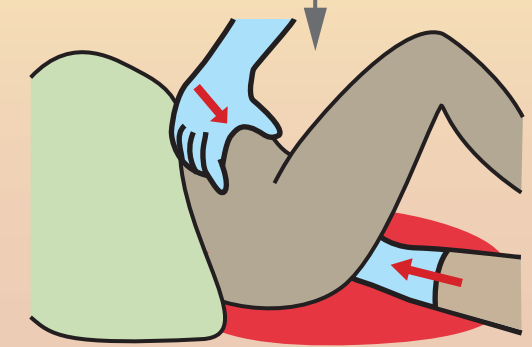
Soft  
Massage uterus  
Repeat medication

Hard  
Bleeding excessive



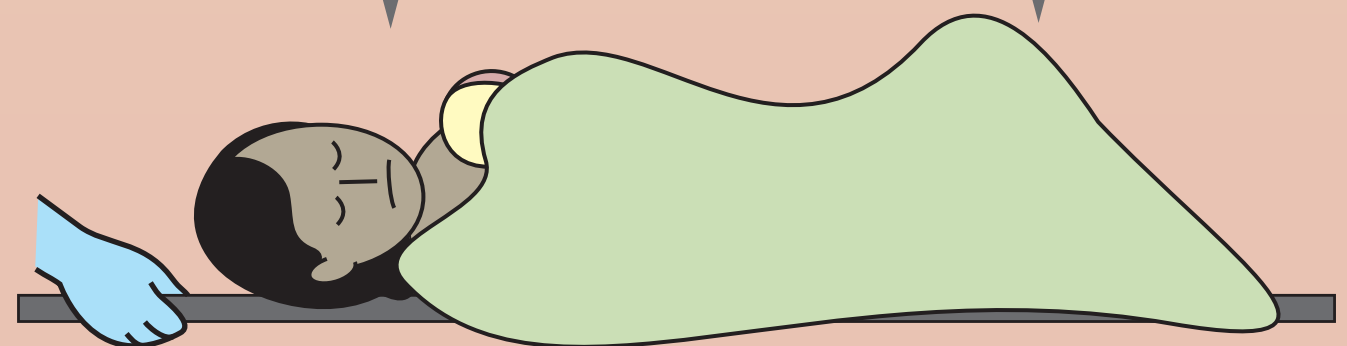
Press on tears

Soft  
Bleeding excessive



Compress uterus

Hard  
Bleeding normal



Advanced care  
Keep warm